

Wednesday, April 3, 2024

Casual Pickleball

Date and Time: Wednesday, April 3 7:00 pm - 9:00 pm

Address: Lloyd Watson Centre, 2249 Loop Rd., Wilberforce

Everyone is welcome for fun, non-competitive pickleball. New players interested in learning are welcome.

Gooderham Yoga

Date and Time: Wednesday, April 3 7:00 pm - 8:00 pm

Address: 1043 Community Center Rd, Gooderham, ON K0M 1R0

Yoga classes are being held at the Gooderham Community Centre every Wednesday evening from 7:00 p.m. to 8:00 p.m.

The cost is \$40.00 for 4 weeks or you can pay a drop in fee of \$15.00 per class. Please visit gooderhamyoga.ca for more information and updates.

Thursday, April 4, 2024

Volunteer Income Tax Clinics

Date and Time: Thursday, April 4 10:00 am - 2:00 pm

Address: Lloyd Watson Centre, 2249 Loop Road, Wilberforce ON

The Central Food Network is hosting FREE tax clinics for this year's tax season! The Community Volunteer Income Tax Program (CVITP) is a Canada Revenue Agency program offered in partnership with community agencies such as ours. The purpose is to assist people with modest incomes and simple tax situations with filing their tax returns in order to access income benefits to which they are entitled.

Our Heat Bank program helps to coordinate the local Income Tax Clinics with support from our team of tax volunteers. Canada Revenue Agency provides tax filing training and support as well as free access to tax software so we can run the program.

Call or email for an appointment.

Save On Energy Drop In

Date and Time: Thursday, April 4 11:00 am - 1:00 pm

Address: Lloyd Watson Centre, 2249 Loop Road, Wilberforce ON

Drop in to chat with Rachel from Central Food Network to learn more about Heat Bank services, including eligibility and application support with hydro affordability and energy saving programs (bring your Hydro bill and let's chat!)

Please note that there is no drop in on Thursday, March 28.

Monday, April 8, 2024

Solar Eclipse

Date and Time: Monday, April 8 2:00 pm - 5:00 pm

Address: Everywhere

Looking directly at the uncovered Sun without protection can cause retinal burns, blurred vision, or loss of eye sight. There are no pain sensors in your retinas to tell you that your eyes are being damaged. Once symptoms begin, the damage is usually too late to reverse.

Learn more about staying safe on our [solar eclipse info page](#).

Wednesday, April 10, 2024

Gooderham Yoga

Date and Time: Wednesday, April 10 7:00 pm - 8:00 pm

Address: 1043 Community Center Rd, Gooderham, ON K0M 1R0

Yoga classes are being held at the Gooderham Community Centre every Wednesday evening from 7:00 p.m. to 8:00 p.m.

The cost is \$40.00 for 4 weeks or you can pay a drop in fee of \$15.00 per class. Please visit gooderhamyoga.ca for more information and updates.

Casual Pickleball

Date and Time: Wednesday, April 10 7:00 pm - 9:00 pm

Address: Lloyd Watson Centre, 2249 Loop Rd., Wilberforce

Everyone is welcome for fun, non-competitive pickleball. New players interested in learning are welcome.

Thursday, April 11, 2024

Volunteer Income Tax Clinics

Date and Time: Thursday, April 11 10:00 am - 2:00 pm

Address: Lloyd Watson Centre, 2249 Loop Road, Wilberforce ON

The Central Food Network is hosting FREE tax clinics for this year's tax season! The Community Volunteer Income Tax Program (CVITP) is a Canada Revenue Agency program offered in partnership with community agencies such as ours. The purpose is to assist people with modest incomes and simple tax situations with filing their tax returns in order to access income benefits to which they are entitled.

Our Heat Bank program helps to coordinate the local Income Tax Clinics with support from our team of tax volunteers. Canada Revenue Agency provides tax filing training and support as well as free access to tax software so we can run the program.

Call or email for an appointment.

Save On Energy Drop In

Date and Time: Thursday, April 11 11:00 am - 1:00 pm

Address: Lloyd Watson Centre, 2249 Loop Road, Wilberforce ON

Drop in to chat with Rachel from Central Food Network to learn more about Heat Bank services, including eligibility and application support with hydro affordability and energy saving programs (bring your Hydro bill and let's chat!)

Please note that there is no drop in on Thursday, March 28.

Wednesday, April 17, 2024

Casual Pickleball

Date and Time: Wednesday, April 17 7:00 pm - 9:00 pm

Address: Lloyd Watson Centre, 2249 Loop Rd., Wilberforce

Everyone is welcome for fun, non-competitive pickleball. New players interested in learning are welcome.

Gooderham Yoga

Date and Time: Wednesday, April 17 7:00 pm - 8:00 pm

Address: 1043 Community Center Rd, Gooderham, ON K0M 1R0

Yoga classes are being held at the Gooderham Community Centre every Wednesday evening from 7:00 p.m. to 8:00 p.m.

The cost is \$40.00 for 4 weeks or you can pay a drop in fee of \$15.00 per class. Please visit gooderhamyoga.ca for more information and updates.

Thursday, April 18, 2024

Volunteer Income Tax Clinics

Date and Time: Thursday, April 18 10:00 am - 2:00 pm

Address: Lloyd Watson Centre, 2249 Loop Road, Wilberforce ON

The Central Food Network is hosting FREE tax clinics for this year's tax season! The Community Volunteer Income Tax Program (CVITP) is a Canada Revenue Agency program offered in partnership with community agencies such as ours. The purpose is to assist people with modest incomes and simple tax situations with filing their tax returns in order to access income benefits to which they are entitled.

Our Heat Bank program helps to coordinate the local Income Tax Clinics with support from our team of tax volunteers. Canada Revenue Agency provides tax filing training and support as well as free access to tax software so we can run the program.

Call or email for an appointment.

Save On Energy Drop In

Date and Time: Thursday, April 18 11:00 am - 1:00 pm

Address: Lloyd Watson Centre, 2249 Loop Road, Wilberforce ON

Drop in to chat with Rachel from Central Food Network to learn more about Heat Bank services, including eligibility and application support with hydro affordability and energy saving programs (bring your Hydro bill and let's chat!)

Please note that there is no drop in on Thursday, March 28.

Wednesday, April 24, 2024

Gooderham Yoga

Date and Time: Wednesday, April 24 7:00 pm - 8:00 pm

Address: 1043 Community Center Rd, Gooderham, ON K0M 1R0

Yoga classes are being held at the Gooderham Community Centre every Wednesday evening from 7:00 p.m. to 8:00 p.m.

The cost is \$40.00 for 4 weeks or you can pay a drop in fee of \$15.00 per class. Please visit gooderhamyoga.ca for more information and updates.

Casual Pickleball

Date and Time: Wednesday, April 24 7:00 pm - 9:00 pm

Address: Lloyd Watson Centre, 2249 Loop Rd., Wilberforce

Everyone is welcome for fun, non-competitive pickleball. New players interested in learning are welcome.

Thursday, April 25, 2024

Volunteer Income Tax Clinics

Date and Time: Thursday, April 25 10:00 am - 2:00 pm

Address: Lloyd Watson Centre, 2249 Loop Road, Wilberforce ON

The Central Food Network is hosting FREE tax clinics for this year's tax season! The Community Volunteer Income Tax Program (CVITP) is a Canada Revenue Agency program offered in partnership with community agencies such as ours. The purpose is to assist people with modest incomes and simple tax situations with filing their tax returns in order to access income benefits to which they are entitled.

Our Heat Bank program helps to coordinate the local Income Tax Clinics with support from our team of tax volunteers. Canada Revenue Agency provides tax filing training and support as well as free access to tax software so we can run the program.

Call or email for an appointment.

Save On Energy Drop In

Date and Time: Thursday, April 25 11:00 am - 1:00 pm

Address: Lloyd Watson Centre, 2249 Loop Road, Wilberforce ON

Drop in to chat with Rachel from Central Food Network to learn more about Heat Bank services, including eligibility and application support with hydro affordability and energy saving programs (bring your Hydro bill and let's chat!)

Please note that there is no drop in on Thursday, March 28.

<https://calendar.highlandseast.ca>