

Friday, November 1, 2024

Indoor Walking Club

Date and Time: Friday, November 1 9:30 am - 10:30 am

Address: Lloyd Watson Centre, Wilberforce

Join us from 9:30 a.m. to 10:30 a.m. every Monday and Friday at the Lloyd Watson Community Centre for an indoor walking session. A loonie per person for insurance cost.

Saturday, November 2, 2024

Christmas Craft Sale

Date and Time: Saturday, November 2 9:00 am - 2:00 pm

Address: Lloyd Watson Centre, Wilberforce

Come browse the Christmas Craft Sale at the Lloyd Watson Centre in Wilberforce. Admission is free. Snack bar on site, stop in for a coffee and a visit between 9AM and 2PM.

- Flea Market
- Baked Goods
- Crafts
- Unique Christmas Gifts

Vendors welcome! Contact Joyce at 705-665-6059 or email joycebowman@gmail.com to register or for additional information.

Sunday, November 3, 2024

Free Public Skating

Date and Time: Sunday, November 3 1:00 pm - 3:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy free public skating every Sunday at the Keith Tallman Memorial Arena in Wilberforce.

Monday, November 4, 2024

Indoor Walking Club

Date and Time: Monday, November 4 9:30 am - 10:30 am

Address: Lloyd Watson Centre, Wilberforce

Join us from 9:30 a.m. to 10:30 a.m. every Monday and Friday at the Lloyd Watson Community Centre for an indoor walking session. A loonie per person for insurance cost.

Casual Pickleball

Date and Time: Monday, November 4 3:00 pm - 5:00 pm

Address: Lloyd Watson Centre, 2249 Loop Rd., Wilberforce

Everyone is welcome for fun, non-competitive pickleball. New players interested in learning are welcome.

Tuesday, November 5, 2024

Adults and Seniors Free Public Skating

Date and Time: Tuesday, November 5 3:00 pm - 4:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy quiet skating for adults and seniors every Tuesday at the Keith Tallman Memorial Arena in Wilberforce.

Bid Euchre

Date and Time: Tuesday, November 5 6:30 pm - 9:30 pm

Address: Cardiff Community Centre

Everyone is welcome at the Cardiff Community Centre for Bid Euchre.

Wednesday, November 6, 2024

Chair Yoga in Gooderham

Date and Time: Wednesday, November 6 11:00 am - 12:00 pm

Address: 1043 Community Center Rd, Gooderham, ON K0M 1R0

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitations.

ns and aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yoga can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help manage pain and discomfort.

- Classes are held at the Robert McAusland Memorial Community Centre in Gooderham
- All equipment (mats, chair, yoga props) is provided
- \$10 per class
- Please arrive 15 minutes early to get setup and chat with your neighbours

Euchre for Seniors

Date and Time: Wednesday, November 6 1:00 pm - 3:00 pm

Address: Cardiff Community Centre

Come out to the Cardiff Community Centre for an engaging game of euchre with other seniors.

Casual Pickleball

Date and Time: Wednesday, November 6 7:00 pm - 9:00 pm

Address: Lloyd Watson Centre, 2249 Loop Rd., Wilberforce

Everyone is welcome for fun, non-competitive pickleball. New players interested in learning are welcome.

Gooderham Evening Yoga

Date and Time: Wednesday, November 6 7:00 pm - 8:00 pm

Address: Robert McCausland Community Centre 1043 Community Center Rd, Gooderham

Come join us for Yoga in Gooderham on Wednesday evenings led by Michaela Shaw. This class is suitable for both Beginners and Intermediate students. Michaela provides thoughtful instructions that allow students to go at their own pace while building on the basic yoga poses to challenge, stretch, and relax the body and the mind. Yoga mats and props are provided, but feel free to bring your own and a light blanket or sweater for the guided relaxation part of the class.

Fee is \$10/class or \$40/month (payable on the first Wednesday of the month).

Classes are held at the Robert McCausland Community Centre EVERY Wednesday from 7pm to 8pm. Any cancellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classifieds Facebook page. For more information contact info@gooderhamyoga.ca

Thursday, November 7, 2024

Loop Troupe Meeting

Date and Time: Thursday, November 7 7:00 pm - 9:00 pm

Address: Lloyd Watson Centre, Wilberforce

Starting a new season, come join us. We will be discussing how to improve the acoustics in the LWC and tossing around ideas for future performances.

Friday, November 8, 2024

Indoor Walking Club

Date and Time: Friday, November 8 9:30 am - 10:30 am

Address: Lloyd Watson Centre, Wilberforce

Join us from 9:30 a.m. to 10:30 a.m. every Monday and Friday at the Lloyd Watson Community Centre for an indoor walking session. A loonie per person for insurance cost.

Sunday, November 10, 2024

Free Public Skating

Date and Time: Sunday, November 10 1:00 pm - 3:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy free public skating every Sunday at the Keith Tallman Memorial Arena in Wilberforce.

Monday, November 11, 2024

Indoor Walking Club

Date and Time: Monday, November 11 9:30 am - 10:30 am

Address: Lloyd Watson Centre, Wilberforce

Join us from 9:30 a.m. to 10:30 a.m. every Monday and Friday at the Lloyd Watson Community Centre for an indoor walking session. A loonie per person for insurance cost.

Remembrance Day Ceremonies

Date and Time: Monday, November 11 11:00 am - 11:30 pm

Address: Cardiff and Wilberforce Cenotaphs

Local legions will be holding Remembrance Day Ceremonies in Highlands East at 11:00 a.m. at the Cenotaphs in Wilberforce and Cardiff.

Casual Pickleball

Date and Time: Monday, November 11 3:00 pm - 5:00 pm

Address: Lloyd Watson Centre, 2249 Loop Rd., Wilberforce

Everyone is welcome for fun, non-competitive pickleball. New players interested in learning are welcome.

Tuesday, November 12, 2024

Adults and Seniors Free Public Skating

Date and Time: Tuesday, November 12 3:00 pm - 4:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy quiet skating for adults and seniors every Tuesday at the Keith Tallman Memorial Arena in Wilberforce.

Bid Euchre

Date and Time: Tuesday, November 12 6:30 pm - 9:30 pm

Address: Cardiff Community Centre

Everyone is welcome at the Cardiff Community Centre for Bid Euchre.

Wednesday, November 13, 2024

Chair Yoga in Gooderham

Date and Time: Wednesday, November 13 11:00 am - 12:00 pm

Address: 1043 Community Center Rd, Gooderham, ON K0M 1R0

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitations and aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yoga can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help manage pain and discomfort.

- Classes are held at the Robert McAusland Memorial Community Centre in Gooderham
- All equipment (mats, chair, yoga props) is provided
- \$10 per class
- Please arrive 15 minutes early to get setup and chat with your neighbours

Euchre for Seniors

Date and Time: Wednesday, November 13 1:00 pm - 3:00 pm

Address: Cardiff Community Centre

Come out to the Cardiff Community Centre for an engaging game of euchre with other seniors.

Casual Pickleball

Date and Time: Wednesday, November 13 7:00 pm - 9:00 pm

Address: Lloyd Watson Centre, 2249 Loop Rd., Wilberforce

Everyone is welcome for fun, non-competitive pickleball. New players interested in learning are welcome.

Gooderham Evening Yoga

Date and Time: Wednesday, November 13 7:00 pm - 8:00 pm

Address: Robert McCausland Community Centre 1043 Community Center Rd, Gooderham

Come join us for Yoga in Gooderham on Wednesday evenings led by Michaela Shaw. This class is suitable for both Beginners and Intermediate students. Michaela provides thoughtful instructions that allow students to go at their own pace while building on the basic yoga poses to challenge, stretch, and relax the body and the mind. Yoga mats and props are provided, but feel free to bring your own and a light blanket or sweater for the guided relaxation part of the class.

Fee is \$10/class or \$40/month (payable on the first Wednesday of the month).

Classes are held at the Robert McCausland Community Centre EVERY Wednesday from 7pm to 8pm. Any cancellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classifieds Facebook page. For more information contact info@gooderhamyoga.ca

Friday, November 15, 2024

Indoor Walking Club

Date and Time: Friday, November 15 9:30 am - 10:30 am

Address: Lloyd Watson Centre, Wilberforce

Join us from 9:30 a.m. to 10:30 a.m. every Monday and Friday at the Lloyd Watson Community Centre for an indoor walking session. A loonie per person for insurance cost.

Sunday, November 17, 2024

Free Public Skating

Date and Time: Sunday, November 17 1:00 pm - 3:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy free public skating every Sunday at the Keith Tallman Memorial Arena in Wilberforce.

Monday, November 18, 2024

Indoor Walking Club

Date and Time: Monday, November 18 9:30 am - 10:30 am

Address: Lloyd Watson Centre, Wilberforce

Join us from 9:30 a.m. to 10:30 a.m. every Monday and Friday at the Lloyd Watson Community Centre for an indoor walking session. A loonie per person for insurance cost.

Casual Pickleball

Date and Time: Monday, November 18 3:00 pm - 5:00 pm

Address: Lloyd Watson Centre, 2249 Loop Rd., Wilberforce

Everyone is welcome for fun, non-competitive pickleball. New players interested in learning are welcome.

Tuesday, November 19, 2024

Adults and Seniors Free Public Skating

Date and Time: Tuesday, November 19 3:00 pm - 4:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy quiet skating for adults and seniors every Tuesday at the Keith Tallman Memorial Arena in Wilberforce.

Bid Euchre

Date and Time: Tuesday, November 19 6:30 pm - 9:30 pm

Address: Cardiff Community Centre

Everyone is welcome at the Cardiff Community Centre for Bid Euchre.

Wednesday, November 20, 2024

Chair Yoga in Gooderham

Date and Time: Wednesday, November 20 11:00 am - 12:00 pm

Address: 1043 Community Center Rd, Gooderham, ON K0M 1R0

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitations and aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yoga can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help manage pain and discomfort.

- Classes are held at the Robert McAusland Memorial Community Centre in Gooderham
- All equipment (mats, chair, yoga props) is provided
- \$10 per class
- Please arrive 15 minutes early to get setup and chat with your neighbours

Euchre for Seniors

Date and Time: Wednesday, November 20 1:00 pm - 3:00 pm

Address: Cardiff Community Centre

Come out to the Cardiff Community Centre for an engaging game of euchre with other seniors.

Casual Pickleball

Date and Time: Wednesday, November 20 7:00 pm - 9:00 pm

Address: Lloyd Watson Centre, 2249 Loop Rd., Wilberforce

Everyone is welcome for fun, non-competitive pickleball. New players interested in learning are welcome.

Gooderham Evening Yoga

Date and Time: Wednesday, November 20 7:00 pm - 8:00 pm

Address: Robert McCausland Community Centre 1043 Community Center Rd, Gooderham

Come join us for Yoga in Gooderham on Wednesday evenings led by Michaela Shaw. This class is suitable for both Beginners and Intermediate students. Michaela provides thoughtful instructions that allow students to go at their own pace while building on the basic yoga poses to challenge, stretch, and relax the body and the mind. Yoga mats and props are provided, but feel free to bring your own and a light blanket or sweater for the guided relaxation part of the class.

Fee is \$10/class or \$40/month (payable on the first Wednesday of the month).

Classes are held at the Robert McCausland Community Centre EVERY Wednesday from 7pm to 8pm. Any cancellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classifieds Facebook page. For more information contact info@gooderhamyoga.ca

Thursday, November 21, 2024

Community Jam/Music Session

Date and Time: Thursday, November 21 7:00 pm - 9:00 pm

Address: Highland Grove Community Centre

Everyone is well to come out and participate in a community jam session at the Highland Grove Community Centre.

Friday, November 22, 2024

Indoor Walking Club

Date and Time: Friday, November 22 9:30 am - 10:30 am

Address: Lloyd Watson Centre, Wilberforce

Join us from 9:30 a.m. to 10:30 a.m. every Monday and Friday at the Lloyd Watson Community Centre for an indoor walking session. A loonie per person for insurance cost.

Sunday, November 24, 2024

Free Public Skating

Date and Time: Sunday, November 24 1:00 pm - 3:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy free public skating every Sunday at the Keith Tallman Memorial Arena in Wilberforce.

Monday, November 25, 2024

Indoor Walking Club

Date and Time: Monday, November 25 9:30 am - 10:30 am

Address: Lloyd Watson Centre, Wilberforce

Join us from 9:30 a.m. to 10:30 a.m. every Monday and Friday at the Lloyd Watson Community Centre for an indoor walking session. A loonie per person for insurance cost.

Casual Pickleball

Date and Time: Monday, November 25 3:00 pm - 5:00 pm

Address: Lloyd Watson Centre, 2249 Loop Rd., Wilberforce

Everyone is welcome for fun, non-competitive pickleball. New players interested in learning are welcome.

Tuesday, November 26, 2024

Adults and Seniors Free Public Skating

Date and Time: Tuesday, November 26 3:00 pm - 4:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy quiet skating for adults and seniors every Tuesday at the Keith Tallman Memorial Arena in Wilberforce.

Bid Euchre

Date and Time: Tuesday, November 26 6:30 pm - 9:30 pm

Address: Cardiff Community Centre

Everyone is welcome at the Cardiff Community Centre for Bid Euchre.

Wednesday, November 27, 2024

Chair Yoga in Gooderham

Date and Time: Wednesday, November 27 11:00 am - 12:00 pm

Address: 1043 Community Center Rd, Gooderham, ON K0M 1R0

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitations and aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yoga can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help

manage pain and discomfort.

- Classes are held at the Robert McAusland Memorial Community Centre in Gooderham
- All equipment (mats, chair, yoga props) is provided
- \$10 per class
- Please arrive 15 minutes early to get setup and chat with your neighbours

Euchre for Seniors

Date and Time: Wednesday, November 27 1:00 pm - 3:00 pm

Address: Cardiff Community Centre

Come out to the Cardiff Community Centre for an engaging game of euchre with other seniors.

Casual Pickleball

Date and Time: Wednesday, November 27 7:00 pm - 9:00 pm

Address: Lloyd Watson Centre, 2249 Loop Rd., Wilberforce

Everyone is welcome for fun, non-competitive pickleball. New players interested in learning are welcome.

Gooderham Evening Yoga

Date and Time: Wednesday, November 27 7:00 pm - 8:00 pm

Address: Robert McCausland Community Centre 1043 Community Center Rd, Gooderham

Come join us for Yoga in Gooderham on Wednesday evenings led by Michaela Shaw. This class is suitable for both Beginners and Intermediate students. Michaela provides thoughtful instructions that allow students to go at their own pace while building on the basic yoga poses to challenge, stretch, and relax the body and the mind. Yoga mats and props are provided, but feel free to bring your own and a light blanket or sweater for the guided relaxation part of the class.

Fee is \$10/class or \$40/month (payable on the first Wednesday of the month).

Classes are held at the Robert McCausland Community Centre EVERY Wednesday from 7pm to 8pm. Any cancellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classifieds Facebook page. For more information contact info@gooderhamyoga.ca

Friday, November 29, 2024

Indoor Walking Club

Date and Time: Friday, November 29 9:30 am - 10:30 am

Address: Lloyd Watson Centre, Wilberforce

Join us from 9:30 a.m. to 10:30 a.m. every Monday and Friday at the Lloyd Watson Community Centre for an indoor walking session. A loonie per person for insurance cost.

Saturday, November 30, 2024

Wilberforce Christmas Craft Sale

Date and Time: Saturday, November 30 9:00 am - 2:00 pm

Address: Lloyd Watson Centre, Wilberforce

The annual craft sale of the Wilberforce Heritage Guild. Lunch will be available and there will be lots of great items for sale from our large room of vendors, including holiday treats & baked goods, Christmas decorations and a large variety of gift items.

Contact Barb Scholfield 705-448-2598 wilberforcebarb@yahoo.ca for more info or to book a table.

<https://calendar.highlandseast.ca>