Tuesday, July 1, 2025

Canada Day Celebrations in Highlands East

Date and Time: Tuesday, July 1 9:00 am - 10:30 pm

Address: Multiple Locations in Highlands East

Join us for a full day of fun througout Highlands East with great familiy activities to celebrate Canada Day.

Cardiff

From 9:00 a.m to 11:00 a.m. at the Cardiff Legion, 2733 Monck Road.

The Royal Canadian Legion will host a pancake breakfast at the Legion. Adults \$5.

Highland Grove

From Noon to 3:00 p.m. at the Kidd School House Museum, 5373 Loop Road.

Children's crafts, local entertainment, horseshoes and BBQ. Museum will be open.

Wilberforce

Starts at 11:30 a.m. at the Red Cross Outpost Museum, 2314 Loop Road.

Raising the flag ceremony at 11:30 a.m. with live entertainment followed by sandwiches and cake.

From Noon to 3:00 p.m. come play games at the Curling Club.

Tory Hill

From 1:00 p.m. to 4:00 p.m. at the park, Highway 118 & County Road 503.

Live music featuring Phil O'Reilly in the park and stories of local history. Bring your lawn chair.

Gooderham

From 6:00 p.m. to 10:30 p.m. at the Community Centre, 1043 Community Centre Road.

Children's activities, cake and live entertainment featuring The Recycled Teenagers starts at 7:00 p.m. Firework s start at about 10:00 p.m.

Wednesday, July 2, 2025

Chair Yoga in Gooderham

Date and Time: Wednesday, July 2 11:00 am - 12:00 pm

Address: Robert McAusland Memorial Community Centre, Gooderham

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitatio ns or aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yog a can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help m anage pain and discomfort.

- Classes are held at the Robert McAusland Memorial Community Centre in Gooderham
- All equipment (mats, chair, yoga props) is provided
- \$10 per class
- Please arrive 15 minutes early to get setup and chat with your neighbours

Any cancellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classifieds Facebook page. For more information contact <u>info@gooderhamyoga.ca</u>

Evening Yoga in Gooderham

Date and Time: Wednesday, July 2 7:00 pm - 8:00 pm

Address: Robert McCausland Community Centre, Gooderham

Come join us for Yoga in Gooderham on Wednesday evenings led by Michaela Shaw. This class is suitable for both Beginners and Intermediate students. Michaela provides thoughtful instructions that allow students to go at their own pace while building on the basic yoga poses to challenge, stretch, and relax the body and the mind. Yoga mats and props are provided, but feel free to bring your own and a light blanket or sweater for the guided relaxation part of the class.

Fee is \$10/class.

Classes are held at the Robert McCausland Community Centre EVERY Wednesday from 7pm to 8pm. Any can cellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classifieds Facebook page. For more information contact info@gooderhamyoga.ca

Evening Pickleball

Date and Time: Wednesday, July 2 7:00 pm - 9:00 pm

Address: 2256 Loop Road Wilberforce

This event is open to all adults and is a non-competitive social group. Everyone is welcome to join us at the Ke ith Tallman Memorial Arena in Wilberforce.

There is a small fee of \$2.00 each week.

Thursday, July 3, 2025

Opening Day at Cardiff Pool

Date and Time: Thursday, July 3 11:00 am - 7:30 pm

Address: 2 Balsam Street, Cardiff

Join us for opening day at the Cardifif Pool where admission is totally free for the day!

Come see what it is like before purchasing your own membership for the season.

Learn more at https://www.highlandseast.ca/en/explore-and-play/swimming-and-swim-lessons.aspx

Saturday, July 5, 2025

Gooderham Transfer Station Hazardous Waste Day

Date and Time: Saturday, July 5 10:00 am - 2:00 pm

Address: 1070 McColl's Road, Gooderham

Dispose of items such as paint and oil that would not normally be allowed at landfills. Learn more.

Monday, July 7, 2025

Afternoon Pickleball

Date and Time: Monday, July 7 3:00 pm - 5:00 pm

Address: 2256 Loop Road Wilberforce

This event is open to all adults and is a non-competitve, social group. Everyone is welcome to join us at the Ke ith Tallman Memorial Arena in Wilberforce.

There is a small fee of \$2.00 each week.

Wednesday, July 9, 2025

Chair Yoga in Gooderham

Date and Time: Wednesday, July 9 11:00 am - 12:00 pm

Address: Robert McAusland Memorial Community Centre, Gooderham

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitatio

ns or aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yog a can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help m anage pain and discomfort.

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- \$10 per class
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Evening Yoga in Gooderham

Date and Time: Wednesday, July 9 7:00 pm - 8:00 pm

Address: Robert McCausland Community Centre, Gooderham

Come join us for Yoga in Gooderham on Wednesday evenings led by Michaela Shaw. This class is suitable for both Beginners and Intermediate students. Michaela provides thoughtful instructions that allow students to go at their own pace while building on the basic yoga poses to challenge, stretch, and relax the body and the mind. Yoga mats and props are provided, but feel free to bring your own and a light blanket or sweater for the guided relaxation part of the class.

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Evening Pickleball

Date and Time: Wednesday, July 9 7:00 pm - 9:00 pm

Address: 2256 Loop Road Wilberforce

This event is open to all adults and is a non-competitive social group. Everyone is welcome to join us at the Ke ith Tallman Memorial Arena in Wilberforce.

There is a small fee of \$2.00 each week.

Saturday, July 12, 2025

A Night To Remember

Date and Time: Saturday, July 12 7:00 pm - 8:00 pm

Address: 2249 Loop Road Wilberforce

Shawn and Josh are a dynamic brother duo from Tory Hill.

Be prepared to be wowed by the self-choreographed dances showcasing Shawn (9), and Josh (7) will entertain y ou as the MC for the evening.

Sunday, July 13, 2025

Camp Day

Date and Time: Sunday, July 13 10:30 am - 1:00 pm

Address: 1042 Mill Street, Gooderham

Camp Day at the Gooderham Pentecostal Church begins at 10:30 a.m. on Sunday, July 13 with special music, p raise and worship as well as guest speakers Alvin and Lenore Rowsell. Lunch to follow. All are welcome.

Monday, July 14, 2025

Afternoon Pickleball

Date and Time: Monday, July 14 3:00 pm - 5:00 pm

Address: 2256 Loop Road Wilberforce

This event is open to all adults and is a non-competitve, social group. Everyone is welcome to join us at the Ke ith Tallman Memorial Arena in Wilberforce.

There is a small fee of \$2.00 each week.

Wednesday, July 16, 2025

Outpost Scrabble and Coffee

Date and Time: Wednesday, July 16 10:30 am - 12:00 pm

Address: 2314 Loop Road Wilberforce

Join us for a game of scrabble at the Wilberforce Red Cross Outpost Historic House, 2314 Loop Rd, Wilberforce. Words used with a connection to the Outpost and it's history win an extra 10 points.

Chair Yoga in Gooderham

Date and Time: Wednesday, July 16 11:00 am - 12:00 pm

Address: Robert McAusland Memorial Community Centre, Gooderham

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitatio ns or aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yog a can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help m anage pain and discomfort.

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- All equipment (mats, chair, yoga props) is provided
- \$10 per class
- Please arrive 15 minutes early to get setup and chat with your neighbours

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Evening Yoga in Gooderham

Date and Time: Wednesday, July 16 7:00 pm - 8:00 pm

Address: Robert McCausland Community Centre, Gooderham

Come join us for Yoga in Gooderham on Wednesday evenings led by Michaela Shaw. This class is suitable for both Beginners and Intermediate students. Michaela provides thoughtful instructions that allow students to go at their own pace while building on the basic yoga poses to challenge, stretch, and relax the body and the mind. Yoga mats and props are provided, but feel free to bring your own and a light blanket or sweater for the guided relaxation part of the class.

Fee is \$10/class.

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Evening Pickleball

Date and Time: Wednesday, July 16 7:00 pm - 9:00 pm

Address: 2256 Loop Road Wilberforce

This event is open to all adults and is a non-competitive social group. Everyone is welcome to join us at the Ke ith Tallman Memorial Arena in Wilberforce.

There is a small fee of \$2.00 each week.

Saturday, July 19, 2025

Gigantic Penny Raffle

Date and Time: Saturday, July 19 1:00 pm - 10:00 pm

Address: 2256 Loop Road

Event Details:

Over 150 prizes will be raffled off at the Gigantic Penny Raffle at the Keith Tallman Memorial Arena in Wilber force.

Schedule:

From 1:00 p.m. to 3:00 p.m. is your early bird peek at the prize tables. Purchase and deposit your tickets in the prizes you most want to win!

From 5:00 p.m. to 7:00 p.m. dig in with the Wilberforce Curling Club's Spaghetti Dinner fundraiser at the Lloy d Watson Centre (\$15 adults, \$5 kids 5-12, kids under 5 eat free)

From 5:30 p.m. to 8:00 p.m. you can browse prize tables, visit the snack bar, and kids can amuse themselves wi th games and activities like creating their own free hat at the Mad Hatter Table.

At 7:00 p.m. the Early Bird Tables begin drawing the winners.

At 7:30 p.m. join in the Hat Parade and show off the hat you made at the Mad Hatter Table.

And at 8:00 p.m. *sharp* the gigantic raffle starts. You must be present to win so make sure you're there to collect your prize!

Brought to you by the Wilberforce FunRaising Group with support from the Wilberforce Heritage Guild and the Agricultural Fair Board. For questions or to donate prizes please contact Kathy Rogers at 705-448-1285 or by emailing <u>WilberforceFunraising@gmail.com</u>

Monday, July 21, 2025

Afternoon Pickleball

Date and Time: Monday, July 21 3:00 pm - 5:00 pm

Address: 2256 Loop Road Wilberforce

This event is open to all adults and is a non-competitve, social group. Everyone is welcome to join us at the Ke ith Tallman Memorial Arena in Wilberforce.

There is a small fee of \$2.00 each week.

Wednesday, July 23, 2025

Chair Yoga in Gooderham

Date and Time: Wednesday, July 23 11:00 am - 12:00 pm

Address: Robert McAusland Memorial Community Centre, Gooderham

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitatio

ns or aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yog a can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help m anage pain and discomfort.

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- All equipment (mats, chair, yoga props) is provided
- \$10 per class
- Please arrive 15 minutes early to get setup and chat with your neighbours

Any cancellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classifieds Facebook page. For more information contact info@gooderhamyoga.ca

Evening Yoga in Gooderham

Date and Time: Wednesday, July 23 7:00 pm - 8:00 pm

Address: Robert McCausland Community Centre, Gooderham

Come join us for Yoga in Gooderham on Wednesday evenings led by Michaela Shaw. This class is suitable for both Beginners and Intermediate students. Michaela provides thoughtful instructions that allow students to go at their own pace while building on the basic yoga poses to challenge, stretch, and relax the body and the mind. Yoga mats and props are provided, but feel free to bring your own and a light blanket or sweater for the guided relaxation part of the class.

Fee is \$10/class.

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Evening Pickleball

Date and Time: Wednesday, July 23 7:00 pm - 9:00 pm

Address: 2256 Loop Road Wilberforce

This event is open to all adults and is a non-competitive social group. Everyone is welcome to join us at the Ke ith Tallman Memorial Arena in Wilberforce.

There is a small fee of \$2.00 each week.

Sunday, July 27, 2025

South Wilberforce Cemetery Decoration Day

Date and Time: Sunday, July 27 2:00 pm - 4:00 pm

Address: South Wilberforce Cemetery

Come and decorate your loved one's grave site at the South Wilberforce Cemetery.

Monday, July 28, 2025

Afternoon Pickleball

Date and Time: Monday, July 28 3:00 pm - 5:00 pm

Address: 2256 Loop Road Wilberforce

This event is open to all adults and is a non-competitve, social group. Everyone is welcome to join us at the Ke ith Tallman Memorial Arena in Wilberforce.

There is a small fee of \$2.00 each week.

Wednesday, July 30, 2025

Chair Yoga in Gooderham

Date and Time: Wednesday, July 30 11:00 am - 12:00 pm

Address: Robert McAusland Memorial Community Centre, Gooderham

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitatio ns or aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yog a can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help m anage pain and discomfort.

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Community Outreach Services

Date and Time: Wednesday, July 30 1:00 pm - 3:00 pm

Address: Lloyd Watson Centre, 2249 Loop Road, Wilberforce

Join Community Outreach Services at the Lloyd Watson Centre in Wilberforce on Wednesday, July 30 from 1:0 0 p.m. to 3:00 p.m. and take advantage of all manner of services from Community Paramedics to Mental Healt h and Food Supports. Check the poster below for more details.

Evening Yoga in Gooderham

Date and Time: Wednesday, July 30 7:00 pm - 8:00 pm

Address: Robert McCausland Community Centre, Gooderham

Come join us for Yoga in Gooderham on Wednesday evenings led by Michaela Shaw. This class is suitable for both Beginners and Intermediate students. Michaela provides thoughtful instructions that allow students to go at their own pace while building on the basic yoga poses to challenge, stretch, and relax the body and the mind. Yoga mats and props are provided, but feel free to bring your own and a light blanket or sweater for the guided relaxation part of the class.

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Evening Pickleball

Date and Time: Wednesday, July 30 7:00 pm - 9:00 pm

Address: 2256 Loop Road Wilberforce

This event is open to all adults and is a non-competitive social group. Everyone is welcome to join us at the Ke ith Tallman Memorial Arena in Wilberforce.

There is a small fee of \$2.00 each week.

https://calendar.highlandseast.ca