

Wednesday, April 1, 2026

Adult Day Program

Date and Time: Wednesday, April 1 8:45 am - 4:15 pm

Address: Lloyd Watson Centre, Wilberforce

The adult day program runs every Wednesday at Lloyd Watson Centre and provides a structured, therapeutic and individualized day program for adults who are living at home - either alone, or with family caregivers. Within a group setting, the Day Program offers supervised activities to assist participants in achieving and maintaining their maximum level of function, to prevent premature and inappropriate institutionalization, and to provide respite and support for caregivers.

[Learn more.](#)

Chair Yoga in Gooderham

Date and Time: Wednesday, April 1 11:00 am - 12:00 pm

Address: Robert McCausland Memorial Community Centre 1043 Community Center Rd, Gooderham, ON K0M 1R0

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitations or aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yoga can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help manage pain and discomfort.

- Classes are held at the Robert McCausland Memorial Community Centre in Gooderham
- All equipment (mats, chair, yoga props) is provided
- \$10 per class
- Please arrive 15 minutes early to get setup and chat with your neighbours

Any cancellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classifieds Facebook page. For more information contact info@gooderhamyoga.ca

Evening Yoga in Gooderham

Date and Time: Wednesday, April 1 7:00 pm - 8:00 pm

Address: Robert McCausland Memorial Community Centre 1043 Community Center Rd, Gooderham, ON K0M 1R0

Come join us for Yoga in Gooderham on Wednesday evenings led by Michaela Shaw. This class is suitable for both Beginners and Intermediate students. Michaela provides thoughtful instructions that allow students to go at their own pace while building on the basic yoga poses to challenge, stretch, and relax the body and the mind.

Yoga mats and props are provided, but feel free to bring your own and a light blanket or sweater for the guided relaxation part of the class.

Fee is \$10/class.

Classes are held at the Robert McCausland Community Centre *every* Wednesday from 7pm to 8pm. Any cancellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classified's Facebook page. For more information contact info@gooderhamyoga.ca

Thursday, April 2, 2026

Seniors Active Living: Art Class

Date and Time: Thursday, April 2 10:00 am - 11:30 am

Address: Wilberforce Legion, 1007 Burleigh Road, Wilberforce

Local artist Luann Coghlan leads this step-by-step class for seniors and veterans of all skill levels.

Just bring yourself - all materials needed are provided.

Please contact Luann at 705-448-1589 to register.

This class is limited to 10 participants. Pay what you can.

Saturday, April 4, 2026

Maple Syrup Festival

Date and Time: Saturday, April 4 9:00 am - 2:00 pm

Address: Lloyd Watson Community Centre, Wilberforce

Enjoy all-you-can-eat Pancakes and Sausages with locally produced pure Maple Syrup at the 45th annual Maple Syrup Festival in Wilberforce. Come check out the Bazaar and Craft Tables as well!

Brought to you by the Wilberforce FunRaising Group.

Free admission. All-you-can-eat Pancakes and Sausages cost \$4.00 for children 10 and under and \$8.00 for adults.

Easter Egg Hunt

Date and Time: Saturday, April 4 10:00 am - 12:00 pm

Address: 1043 Community Centre Road, Gooderham, Ontario K0M1R0

An indoor Easter Egg Hunt for children up to 12 years old is being held at Robert McCausland Memorial Centre

e in Gooderham by the Gooderham Pentecostal Church. Everyone is welcome to bring a basket and fill it with c
holcoate!

Seniors Active Living: Games

Date and Time: Saturday, April 4 2:30 pm - 4:30 pm

Address: Wilberforce Legion, 1007 Burleigh Road

No registration required, just drop in and find a game to play or bring your own and play with like minded seniors. Bring friends, neighbors or meet someone new!

Tuesday, April 7, 2026

Bid Euchre

Date and Time: Tuesday, April 7 7:00 pm - 9:00 pm

Address: Cardiff Community Centre 2747 Monck Road

Popular card game, activity is open and everyone is welcome.

\$2.00 weekly fee

Wednesday, April 8, 2026

Adult Day Program

Date and Time: Wednesday, April 8 8:45 am - 4:15 pm

Address: Lloyd Watson Centre, Wilberforce

The adult day program runs every Wednesday at Lloyd Watson Centre and provides a structured, therapeutic and individualized day program for adults who are living at home - either alone, or with family caregivers. Within a group setting, the Day Program offers supervised activities to assist participants in achieving and maintaining their maximum level of function, to prevent premature and inappropriate institutionalization, and to provide respite and support for caregivers.

[Learn more.](#)

Chair Yoga in Gooderham

Date and Time: Wednesday, April 8 11:00 am - 12:00 pm

Address: Robert McCausland Memorial Community Centre 1043 Community Center Rd, Gooderham, ON K0M 1R0

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitations or aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yoga can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help manage pain and discomfort.

- Classes are held at the Robert McAusland Memorial Community Centre in Gooderham
- All equipment (mats, chair, yoga props) is provided
- \$10 per class
- Please arrive 15 minutes early to get setup and chat with your neighbours

Any cancellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classifieds Facebook page. For more information contact info@gooderhamyoga.ca

Evening Yoga in Gooderham

Date and Time: Wednesday, April 8 7:00 pm - 8:00 pm

Address: Robert McCausland Memorial Community Centre 1043 Community Center Rd, Gooderham, ON K0M 1R0

Come join us for Yoga in Gooderham on Wednesday evenings led by Michaela Shaw. This class is suitable for both Beginners and Intermediate students. Michaela provides thoughtful instructions that allow students to go at their own pace while building on the basic yoga poses to challenge, stretch, and relax the body and the mind.

Yoga mats and props are provided, but feel free to bring your own and a light blanket or sweater for the guided relaxation part of the class.

Fee is \$10/class.

Classes are held at the Robert McCausland Community Centre *every* Wednesday from 7pm to 8pm. Any cancellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classifieds Facebook page. For more information contact info@gooderhamyoga.ca

Thursday, April 9, 2026

Seniors Active Living: Needle Felting

Date and Time: Thursday, April 9 2:00 pm - 4:00 pm

Address: Cardiff Library

Join us at the library to needle felt your own spring nest! As the first signs of spring begin to appear, create a nature-inspired felted nest of your own. Using soft wool and natural materials, participants will design a small spring nest inspired by birds and the season's early hints of life.

All materials provided and no experience needed. Take your time, enjoy the creative process, and leave with a unique spring keepsake.

This program is offered in partnership with the Government of Ontario, supporting social connection, creativity, and well-being among older adults in our community. Free to attend. Registration required.

Saturday, April 11, 2026

Seniors Active Living: Games

Date and Time: Saturday, April 11 2:30 pm - 4:30 pm

Address: Wilberforce Legion, 1007 Burleigh Road

No registration required, just drop in and find a game to play or bring your own and play with like minded seniors. Bring friends, neighbors or meet someone new!

The Art of Deception, A Masterpiece of Bad Decisions

Date and Time: Saturday, April 11 5:00 pm - 8:00 pm

Address: Wilberforce Legion, 1007 Burleigh Rd. Wilberforce

The Loop Troupe Little Theatre invites you to a **Who Dunnit** with dinner at the Royal Canadian Legion, Br. 624 Wilberforce.

Saturday's dinner is Chicken Cordon Bleu [**Sold Out!**], Sunday's is Lasagna.

Advance Tickets Only, available at Agnew's General Store, Wilberforce for \$35.00

Bar opens at 5:00, Show and Dinner starts at 6:00.

Note: Saturday is sold out! Tickets remain for Sunday.

*End times are approximate.

Sunday, April 12, 2026

The Art of Deception, A Masterpiece of Bad Decisions

Date and Time: Sunday, April 12 5:00 pm - 8:00 pm

Address: Wilberforce Legion, 1007 Burleigh Rd. Wilberforce

The Loop Troupe Little Theatre invites you to a **Who Dunnit** with dinner at the Royal Canadian Legion, Br. 624 Wilberforce.

Saturday's dinner is Chicken Cordon Bleu [**Sold Out!**], Sunday's is Lasagna.

Advance Tickets Only, available at Agnew's General Store, Wilberforce for \$35.00

Bar opens at 5:00, Show and Dinner starts at 6:00.

Note: Saturday is sold out! Tickets remain for Sunday.

*End times are approximate.

Tuesday, April 14, 2026

Seniors Active Living: Exercise Classes

Date and Time: Tuesday, April 14 1:00 pm - 2:00 pm

Address: Wilberforce Legion

Join Georgia Shank, certified seniors fitness instructor, for an exercise class for seniors. Georgia will provide modifications to suit your needs. Chairs are available for those wishing to exercise from a chair. Clean indoor exercise shoes are required.

Bid Euchre

Date and Time: Tuesday, April 14 7:00 pm - 9:00 pm

Address: Cardiff Community Centre 2747 Monck Road

Popular card game, activity is open and everyone is welcome.

\$2.00 weekly fee

Wednesday, April 15, 2026

Adult Day Program

Date and Time: Wednesday, April 15 8:45 am - 4:15 pm

Address: Lloyd Watson Centre, Wilberforce

The adult day program runs every Wednesday at Lloyd Watson Centre and provides a structured, therapeutic and individualized day program for adults who are living at home - either alone, or with family caregivers. Within a group setting, the Day Program offers supervised activities to assist participants in achieving and maintaining their maximum level of function, to prevent premature and inappropriate institutionalization, and to provide respite and support for caregivers.

[Learn more.](#)

Chair Yoga in Gooderham

Date and Time: Wednesday, April 15 11:00 am - 12:00 pm

Address: Robert McCausland Memorial Community Centre 1043 Community Center Rd, Gooderham, ON K0M 1R0

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitations or aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yoga can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help manage pain and discomfort.

- Classes are held at the Robert McCausland Memorial Community Centre in Gooderham
- All equipment (mats, chair, yoga props) is provided
- \$10 per class
- Please arrive 15 minutes early to get setup and chat with your neighbours

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Evening Yoga in Gooderham

Date and Time: Wednesday, April 15 7:00 pm - 8:00 pm

Address: Robert McCausland Memorial Community Centre 1043 Community Center Rd, Gooderham, ON K0M 1R0

Come join us for Yoga in Gooderham on Wednesday evenings led by Michaela Shaw. This class is suitable for both Beginners and Intermediate students. Michaela provides thoughtful instructions that allow students to go at their own pace while building on the basic yoga poses to challenge, stretch, and relax the body and the mind.

Yoga mats and props are provided, but feel free to bring your own and a light blanket or sweater for the guided relaxation part of the class.

Fee is \$10/class.

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Thursday, April 16, 2026

Seniors Active Living: Art Class

Date and Time: Thursday, April 16 10:00 am - 11:30 am

Address: Wilberforce Legion, 1007 Burleigh Road, Wilberforce

Local artist Luann Coghlan leads this step-by-step class for seniors and veterans of all skill levels.

Just bring yourself - all materials needed are provided.

Please contact Luann at 705-448-1589 to register.

This class is limited to 10 participants. Pay what you can.

Friday, April 17, 2026

Seniors Active Living: Tech Help

Date and Time: Friday, April 17 10:00 am - 12:00 pm

Address: Wilberforce Library

Stuck on a tech problem? Our Tech Help Walk-in-Clinic is here to assist you! Come into the library and grab a number, first come, first served. Each person gets a 30-minute session with our staff to tackle one specific technology challenge. One session per person per day.

Just show up and stake your place in line. You may need to wait a bit (sometimes up to a few hours if spots fill early), so plan ahead. It's like a walk-in-clinic for your tech issues.

During your 30-minute session, you'll receive guidance on one specific tech issue, such as setting up or trouble shooting your computer, smartphone, software, apps, or internet connection. Please bring your device(s) and a specific question or issue you need help with. One tech issue per session.

Saturday, April 18, 2026

Seniors Active Living: Games

Date and Time: Saturday, April 18 2:30 pm - 4:30 pm

Address: Wilberforce Legion, 1007 Burleigh Road

No registration required, just drop in and find a game to play or bring your own and play with like minded seniors. Bring friends, neighbors or meet someone new!

Tuesday, April 21, 2026

Seniors Active Living: Exercise Classes

Date and Time: Tuesday, April 21 1:00 pm - 2:00 pm

Address: Wilberforce Legion

Join Georgia Shank, certified seniors fitness instructor, for an exercise class for seniors. Georgia will provide modifications to suit your needs. Chairs are available for those wishing to exercise from a chair. Clean indoor exercise shoes are required.

Bid Euchre

Date and Time: Tuesday, April 21 7:00 pm - 9:00 pm

Address: Cardiff Community Centre 2747 Monck Road

Popular card game, activity is open and everyone is welcome.

\$2.00 weekly fee

Wednesday, April 22, 2026

Adult Day Program

Date and Time: Wednesday, April 22 8:45 am - 4:15 pm

Address: Lloyd Watson Centre, Wilberforce

The adult day program runs every Wednesday at Lloyd Watson Centre and provides a structured, therapeutic and individualized day program for adults who are living at home - either alone, or with family caregivers. Within a group setting, the Day Program offers supervised activities to assist participants in achieving and maintaining their maximum level of function, to prevent premature and inappropriate institutionalization, and to provide respite and support for caregivers.

[Learn more.](#)

Chair Yoga in Gooderham

Date and Time: Wednesday, April 22 11:00 am - 12:00 pm

Address: Robert McCausland Memorial Community Centre 1043 Community Center Rd, Gooderham, ON K0M 1R0

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitations or aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yoga can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help manage pain and discomfort.

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- All equipment (mats, chair, yoga props) is provided
- \$10 per class
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Seniors Active Living: Genealogy

Date and Time: Wednesday, April 22 3:30 pm - 4:30 pm

Address: Wilberforce Library

Join us for Genealogy for Seniors, an inspiring introduction to family history research led by Adele Espina of the Haliburton Highlands Genealogy Group. This workshop will walk you through the steps of building your family tree - from locating historical records, to organizing your research and uncovering meaningful stories from your past.

*No Registration Required

Evening Yoga in Gooderham

Date and Time: Wednesday, April 22 7:00 pm - 8:00 pm

Address: Robert McCausland Memorial Community Centre 1043 Community Center Rd, Gooderham, ON K0M 1R0

Come join us for Yoga in Gooderham on Wednesday evenings led by Michaela Shaw. This class is suitable for both Beginners and Intermediate students. Michaela provides thoughtful instructions that allow students to go at their own pace while building on the basic yoga poses to challenge, stretch, and relax the body and the mind.

Yoga mats and props are provided, but feel free to bring your own and a light blanket or sweater for the guided relaxation part of the class.

Fee is \$10/class.

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Thursday, April 23, 2026

Seniors Active Living: Savouring Stories

Date and Time: Thursday, April 23 11:00 am - 1:00 pm

Address: Highland Grove Library, 5373 Loop Road, Highland Grove

A lively and engaging food conversation circle where food, culture, and history meet.

Each month, explore the fascinating world of food through stories, history, and shared experiences. From ancient culinary traditions to modern innovations, we'll uncover the stories behind the meals that shape our world.

If you're a passionate foodie, a history buff, or simply curious about how food connects us all, Savouring Stories is the perfect space to deepen your appreciation for what's on your plate. Come and share your favorite food memories, learn about the origins of iconic dishes, and discuss how food has shaped cultures and societies across time.

No registration required.

Saturday, April 25, 2026

Seniors Active Living: Games

Date and Time: Saturday, April 25 2:30 pm - 4:30 pm

Address: Wilberforce Legion, 1007 Burleigh Road

No registration required, just drop in and find a game to play or bring your own and play with like minded seniors. Bring friends, neighbors or meet someone new!

Tuesday, April 28, 2026

Seniors Active Living: Exercise Classes

Date and Time: Tuesday, April 28 1:00 pm - 2:00 pm

Address: Wilberforce Legion

Join Georgia Shank, certified seniors fitness instructor, for an exercise class for seniors. Georgia will provide modifications to suit your needs. Chairs are available for those wishing to exercise from a chair. Clean indoor exercise shoes are required.

Bid Euchre

Date and Time: Tuesday, April 28 7:00 pm - 9:00 pm

Address: Cardiff Community Centre 2747 Monck Road

Popular card game, activity is open and everyone is welcome.

\$2.00 weekly fee

Wednesday, April 29, 2026

Adult Day Program

Date and Time: Wednesday, April 29 8:45 am - 4:15 pm

Address: Lloyd Watson Centre, Wilberforce

The adult day program runs every Wednesday at Lloyd Watson Centre and provides a structured, therapeutic and individualized day program for adults who are living at home - either alone, or with family caregivers. Within a group setting, the Day Program offers supervised activities to assist participants in achieving and maintaining their maximum level of function, to prevent premature and inappropriate institutionalization, and to provide respite and support for caregivers.

[Learn more.](#)

Chair Yoga in Gooderham

Date and Time: Wednesday, April 29 11:00 am - 12:00 pm

Address: Robert McCausland Memorial Community Centre 1043 Community Center Rd, Gooderham, ON K0M 1R0

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitations or aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yoga can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help manage pain and discomfort.

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Evening Yoga in Gooderham

Date and Time: Wednesday, April 29 7:00 pm - 8:00 pm

Address: Robert McCausland Memorial Community Centre 1043 Community Center Rd, Gooderham, ON K0M 1R0

Come join us for Yoga in Gooderham on Wednesday evenings led by Michaela Shaw. This class is suitable for both Beginners and Intermediate students. Michaela provides thoughtful instructions that allow students to go at their own pace while building on the basic yoga poses to challenge, stretch, and relax the body and the mind.

Yoga mats and props are provided, but feel free to bring your own and a light blanket or sweater for the guided relaxation part of the class.

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Thursday, April 30, 2026

Community Outreach Services

Date and Time: Thursday, April 30 12:00 pm - 2:00 pm

Address: Lloyd Watson Centre, Wilberforce

Haliburton County Community Outreach Services brings together a collaboration of multi-disciplinary service providers to provide supports for those who are underserved.

Once per month, Community Mobile Outreach meets in Wilberforce to provide easily accessible, low-barrier supports including services around housing help; mental health; addiction and harm reduction; community paramedicine; food supports, and education and employment.

Everyone is welcome to join/drop-in for snacks and refreshments at no charge, and safe, non-judgmental support from multiple community agencies.

<https://calendar.highlandseast.ca>