

Sunday, March 1, 2026

Free Public Skating

Date and Time: Sunday, March 1 2:30 pm - 4:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy free public skating, open to everyone, each Sunday at the Keith Tallman Memorial Arena in Wilberforce.

Men's League Hockey

Date and Time: Sunday, March 1 6:00 pm - 9:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Come watch men's league play from 6pm to 9pm every Sunday.

Monday, March 2, 2026

Afternoon Pickleball

Date and Time: Monday, March 2 3:00 pm - 5:00 pm

Address: Lloyd Watson Centre, Wilberforce

This event is open to all adults and is a non-competitive, social group. Everyone is welcome to join us at the Keith Tallman Memorial Arena in Wilberforce.

There is a small fee of \$2.00 each week.

Women's Pick Up Hockey

Date and Time: Monday, March 2 8:00 pm - 9:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Women's Pick Up Hockey is held Monday nights from 8:00 p.m. to 9:00 p.m.

Tuesday, March 3, 2026

Seniors Active Living: Exercise Classes

Date and Time: Tuesday, March 3 1:30 pm - 2:30 pm

Address: Wilberforce Legion

Join Georgia Shank, certified seniors fitness instructor, for an exercise class for seniors. Georgia will provide modifications to suit your needs. Chairs are available for those wishing to exercise from a chair. Clean indoor exercise shoes are required.

Adults and Seniors Free Public Skating

Date and Time: Tuesday, March 3 2:00 pm - 3:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy quiet skating for adults and seniors every Tuesday at the Keith Tallman Memorial Arena in Wilberforce.

Figure Skating Lessons

Date and Time: Tuesday, March 3 6:00 pm - 8:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Bid Euchre

Date and Time: Tuesday, March 3 7:00 pm - 9:00 pm

Address: Cardiff Community Centre 2747 Monck Road

Popular card game, activity is open and everyone is welcome.

\$2.00 weekly fee

Men's Pick Up Hockey

Date and Time: Tuesday, March 3 8:00 pm - 9:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Men's Pick Up Hockey is held Tuesday nights from 8:00 p.m. to 9:00 p.m.

Wednesday, March 4, 2026

Adult Day Program

Date and Time: Wednesday, March 4 8:45 am - 4:15 pm

Address: Lloyd Watson Centre, Wilberforce

The adult day program runs every Wednesday at Lloyd Watson Centre and provides a structured, therapeutic and individualized day program for adults who are living at home - either alone, or with family caregivers. Within a group setting, the Day Program offers supervised activities to assist participants in achieving and maintaining their maximum level of function, to prevent premature and inappropriate institutionalization, and to provide respite and support for caregivers.

[Learn more.](#)

Chair Yoga in Gooderham

Date and Time: Wednesday, March 4 11:00 am - 12:00 pm

Address: Robert McCausland Memorial Community Centre 1043 Community Center Rd, Gooderham, ON K0M 1R0

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitations or aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yoga can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help manage pain and discomfort.

- Classes are held at the Robert McCausland Memorial Community Centre in Gooderham
- All equipment (mats, chair, yoga props) is provided
- \$10 per class
- Please arrive 15 minutes early to get setup and chat with your neighbours

Any cancellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classifieds Facebook page. For more information contact info@gooderhamyoga.ca

Evening Yoga in Gooderham

Date and Time: Wednesday, March 4 7:00 pm - 8:00 pm

Address: Robert McCausland Memorial Community Centre 1043 Community Center Rd, Gooderham, ON K0M 1R0

Come join us for Yoga in Gooderham on Wednesday evenings led by Michaela Shaw. This class is suitable for both Beginners and Intermediate students. Michaela provides thoughtful instructions that allow students to go at their own pace while building on the basic yoga poses to challenge, stretch, and relax the body and the mind.

Yoga mats and props are provided, but feel free to bring your own and a light blanket or sweater for the guided relaxation part of the class.

Fee is \$10/class.

Classes are held at the Robert McCausland Community Centre *every* Wednesday from 7pm to 8pm. Any cancellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classifieds Facebook page. For more information contact info@gooderhamyoga.ca

Evening Pickleball

Date and Time: Wednesday, March 4 7:00 pm - 9:00 pm

Address: Lloyd Watson Centre, Wilberforce

This event is open to all adults and is a non-competitive social group. Everyone is welcome to join us at the Keith Tallman Memorial Arena in Wilberforce.

There is a small fee of \$2.00 each week.

Thursday, March 5, 2026

Seniors Active Living: Art Class

Date and Time: Thursday, March 5 10:00 am - 11:30 am

Address: Wilberforce Legion, 1007 Burleigh Road, Wilberforce

Local artist Luann Coghlan leads this step-by-step class for seniors and veterans of all skill levels.

Just bring yourself - all materials needed are provided.

Please contact Luann at 705-448-1589 to register.

This class is limited to 10 participants. Pay what you can.

Seniors Active Living: Genealogy

Date and Time: Thursday, March 5 11:30 am - 12:30 pm

Address: Highland Grove Library

Join us for Genealogy for Seniors, an inspiring introduction to family history research led by Adele Espina of the Haliburton Highlands Genealogy Group. This workshop will walk you through the steps of building your family tree - from locating historical records, to organizing your research and uncovering meaningful stories from your past.

*No Registration Required

Seniors Active Living: Genealogy

Date and Time: Thursday, March 5 2:00 pm - 3:00 pm

Address: Cardiff Library

Join us for Genealogy for Seniors, an inspiring introduction to family history research led by Adele Espina of the Haliburton Highlands Genealogy Group. This workshop will walk you through the steps of building your family tree - from locating historical records, to organizing your research and uncovering meaningful stories from your past.

***No Registration Required**

Parents and Tots Free Public Skating

Date and Time: Thursday, March 5 2:00 pm - 3:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy free public skating just for parents accompanying their small children every Sunday at the Keith Tallman Memorial Arena in Wilberforce.

Old Timer's Hockey

Date and Time: Thursday, March 5 7:00 pm - 9:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Old Timer's Hockey takes place on Thursdays between 7:00 p.m. and 9:00 p.m.

Friday, March 6, 2026

Seniors Active Living: Needle Felting

Date and Time: Friday, March 6 11:00 am - 1:00 pm

Address: Wilberforce Library

Join us at the library to needle felt your own spring nest! As the first signs of spring begin to appear, create a nature-inspired felted nest of your own. Using soft wool and natural materials, participants will design a small spring nest inspired by birds and the season's early hints of life.

All materials provided and no experience needed. Take your time, enjoy the creative process, and leave with a unique spring keepsake.

This program is offered in partnership with the Government of Ontario, supporting social connection, creativity, and well-being among older adults in our community. Free to attend. Registration required.

Register online at www.haliburtonlibrary.ca/Programs-Events

Saturday, March 7, 2026

Boot Scootin' Boogie Skating Carnival

Date and Time: Saturday, March 7 2:00 pm - 4:00 pm

Address: Keith Tallman Memorial Arena

The Highlands East Skating Club invites you to join them for their Boot Scootin' Boogie Skating Carnival at the Keith Tallman Memorial Arena in Wilberforce. Admission is free. Donations are appreciated. Rinkside Snacks will be on site with light refreshments.

Sunday, March 8, 2026

Free Public Skating

Date and Time: Sunday, March 8 2:30 pm - 4:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy free public skating, open to everyone, each Sunday at the Keith Tallman Memorial Arena in Wilberforce.

Men's League Hockey

Date and Time: Sunday, March 8 6:00 pm - 9:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Come watch men's league play from 6pm to 9pm every Sunday.

Monday, March 9, 2026

Afternoon Pickleball

Date and Time: Monday, March 9 3:00 pm - 5:00 pm

Address: Lloyd Watson Centre, Wilberforce

This event is open to all adults and is a non-competitive, social group. Everyone is welcome to join us at the Keith Tallman Memorial Arena in Wilberforce.

There is a small fee of \$2.00 each week.

Women's Pick Up Hockey

Date and Time: Monday, March 9 8:00 pm - 9:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Women's Pick Up Hockey is held Monday nights from 8:00 p.m. to 9:00 p.m.

Tuesday, March 10, 2026

Regular Meeting of Council

Date and Time: Tuesday, March 10 9:30 am - 12:00 pm

Address: Online Livestream

Our regularly scheduled council meeting is being held starting at 9:30 a.m. The meeting will be live streamed on our [YouTube Channel](#).

Note: Meeting end time is approximate and varies depending on amount of agenda items, etc.

Seniors Active Living: Exercise Classes

Date and Time: Tuesday, March 10 1:30 pm - 2:30 pm

Address: Wilberforce Legion

Join Georgia Shank, certified seniors fitness instructor, for an exercise class for seniors. Georgia will provide modifications to suit your needs. Chairs are available for those wishing to exercise from a chair. Clean indoor exercise shoes are required.

Adults and Seniors Free Public Skating

Date and Time: Tuesday, March 10 2:00 pm - 3:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy quiet skating for adults and seniors every Tuesday at the Keith Tallman Memorial Arena in Wilberforce.

Bid Euchre

Date and Time: Tuesday, March 10 7:00 pm - 9:00 pm

Address: Cardiff Community Centre 2747 Monck Road

Popular card game, activity is open and everyone is welcome.

\$2.00 weekly fee

Men's Pick Up Hockey

Date and Time: Tuesday, March 10 8:00 pm - 9:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Men's Pick Up Hockey is held Tuesday nights from 8:00 p.m. to 9:00 p.m.

Thursday, March 12, 2026

Parents and Tots Free Public Skating

Date and Time: Thursday, March 12 2:00 pm - 3:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy free public skating just for parents accompanying their small children every Sunday at the Keith Tallman Memorial Arena in Wilberforce.

Seniors Active Living: Needle Felting

Date and Time: Thursday, March 12 2:00 pm - 4:00 pm

Address: Cardiff Library

Join us at the library to needle felt your own spring nest! As the first signs of spring begin to appear, create a nature-inspired felted nest of your own. Using soft wool and natural materials, participants will design a small spring nest inspired by birds and the season's early hints of life.

All materials provided and no experience needed. Take your time, enjoy the creative process, and leave with a unique spring keepsake.

This program is offered in partnership with the Government of Ontario, supporting social connection, creativity, and well-being among older adults in our community. Free to attend. Registration required.

Register online at www.haliburtonlibrary.ca/Programs-Events

Old Timer's Hockey

Date and Time: Thursday, March 12 7:00 pm - 9:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Old Timer's Hockey takes place on Thursdays between 7:00 p.m. and 9:00 p.m.

Saturday, March 14, 2026

Seniors Active Living: Games

Date and Time: Saturday, March 14 2:30 pm - 4:30 pm

Address: Wilberforce Legion, 1007 Burleigh Road

No registration required, just drop in and find a game to play or bring your own and play with like minded seniors. Bring friends, neighbors or meet someone new!

Bingo!

Date and Time: Saturday, March 14 6:00 pm - 9:30 pm

Address: 2249 Loop Rd. Wilberforce

Bingo hosted by the Wilberforce Agricultural Society at the Lloyd Watson Community Centre, Wilberforce on Saturday, March 14, 2026

- Doors open at 6 pm, games start at 7 pm.
- CASH only. Must be 18 years or older to attend.
- Cash prizes, \$500 Jackpot and a snack bar!
- Proceeds support the Youth Ambassador Program of the Wilberforce Agricultural Society

Follow [Wilberforce Fair on Facebook](#) for more details.

Sunday, March 15, 2026

Free Public Skating

Date and Time: Sunday, March 15 2:30 pm - 4:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy free public skating, open to everyone, each Sunday at the Keith Tallman Memorial Arena in Wilberforce.

Men's League Hockey

Date and Time: Sunday, March 15 6:00 pm - 9:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Come watch men's league play from 6pm to 9pm every Sunday.

Monday, March 16, 2026

Afternoon Pickleball

Date and Time: Monday, March 16 3:00 pm - 5:00 pm

Address: Lloyd Watson Centre, Wilberforce

This event is open to all adults and is a non-competitive, social group. Everyone is welcome to join us at the Keith Tallman Memorial Arena in Wilberforce.

There is a small fee of \$2.00 each week.

Women's Pick Up Hockey

Date and Time: Monday, March 16 8:00 pm - 9:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Women's Pick Up Hockey is held Monday nights from 8:00 p.m. to 9:00 p.m.

Tuesday, March 17, 2026

Seniors Active Living: Exercise Classes

Date and Time: Tuesday, March 17 1:30 pm - 2:30 pm

Address: Wilberforce Legion

Join Georgia Shank, certified seniors fitness instructor, for an exercise class for seniors. Georgia will provide modifications to suit your needs. Chairs are available for those wishing to exercise from a chair. Clean indoor exercise shoes are required.

Adults and Seniors Free Public Skating

Date and Time: Tuesday, March 17 2:00 pm - 3:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy quiet skating for adults and seniors every Tuesday at the Keith Tallman Memorial Arena in Wilberforce.

Free March Break Public Skating

Date and Time: Tuesday, March 17 6:00 pm - 8:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Come out to the Keith Tallman Memorial Arena for some March Break fun with free public skating on Tuesday, March 17 from 6pm to 8pm and Thursday, March 19 at from 2pm to 4pm.

Bid Euchre

Date and Time: Tuesday, March 17 7:00 pm - 9:00 pm

Address: Cardiff Community Centre 2747 Monck Road

Popular card game, activity is open and everyone is welcome.

\$2.00 weekly fee

Men's Pick Up Hockey

Date and Time: Tuesday, March 17 8:00 pm - 9:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Men's Pick Up Hockey is held Tuesday nights from 8:00 p.m. to 9:00 p.m.

Wednesday, March 18, 2026

Adult Day Program

Date and Time: Wednesday, March 18 8:45 am - 4:15 pm

Address: Lloyd Watson Centre, Wilberforce

The adult day program runs every Wednesday at Lloyd Watson Centre and provides a structured, therapeutic and individualized day program for adults who are living at home - either alone, or with family caregivers. Within a group setting, the Day Program offers supervised activities to assist participants in achieving and maintaining their maximum level of function, to prevent premature and inappropriate institutionalization, and to provide respite and support for caregivers.

[Learn more.](#)

March Break Marshmallow Engineering

Date and Time: Wednesday, March 18 11:00 am - 2:00 pm

Address: Gooderham Library and Wilberforce Library

Stop by the Gooderham Library on Tuesday or the Wilberforce Library on Friday during the week of March Break and try Marshmallow Engineering!

- Gooderham Library: Tuesday, March 18 from 11am to 2pm
- Wilberforce Library: Friday, March 20 from 10am to 5pm

Families of all ages are invited to build, stack, and create using marshmallows and connectors. Follow our challenge cards or let your imagination lead the way.

This is a free, drop-in activity that encourages hands-on problem solving and creative thinking. No registration required. All materials provided.

Chair Yoga in Gooderham

Date and Time: Wednesday, March 18 11:00 am - 12:00 pm

Address: Robert McCausland Memorial Community Centre 1043 Community Center Rd, Gooderham, ON K0M 1R0

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitations or aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yoga can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help manage pain and discomfort.

- Classes are held at the Robert McAusland Memorial Community Centre in Gooderham
- All equipment (mats, chair, yoga props) is provided
- \$10 per class
- Please arrive 15 minutes early to get setup and chat with your neighbours

Any cancellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classifieds Facebook page. For more information contact info@gooderhamyoga.ca

Seniors Active Living: Genealogy

Date and Time: Wednesday, March 18 1:00 pm - 2:00 pm

Address: Gooderham Library

Join us for Genealogy for Seniors, an inspiring introduction to family history research led by Adele Espina of the Haliburton Highlands Genealogy Group. This workshop will walk you through the steps of building your family tree - from locating historical records, to organizing your research and uncovering meaningful stories from your past.

*No Registration Required

Seniors Active Living: Genealogy

Date and Time: Wednesday, March 18 3:00 pm - 4:00 pm

Address: Wilberforce Library

Join us for Genealogy for Seniors, an inspiring introduction to family history research led by Adele Espina of the Haliburton Highlands Genealogy Group. This workshop will walk you through the steps of building your family tree - from locating historical records, to organizing your research and uncovering meaningful stories from your past.

*No Registration Required

Evening Pickleball

Date and Time: Wednesday, March 18 7:00 pm - 9:00 pm

Address: Lloyd Watson Centre, Wilberforce

This event is open to all adults and is a non-competitive social group. Everyone is welcome to join us at the Keith Tallman Memorial Arena in Wilberforce.

There is a small fee of \$2.00 each week.

Evening Yoga in Gooderham

Date and Time: Wednesday, March 18 7:00 pm - 8:00 pm

Address: Robert McCausland Memorial Community Centre 1043 Community Center Rd, Gooderham, ON K0M 1R0

Come join us for Yoga in Gooderham on Wednesday evenings led by Michaela Shaw. This class is suitable for both Beginners and Intermediate students. Michaela provides thoughtful instructions that allow students to go at their own pace while building on the basic yoga poses to challenge, stretch, and relax the body and the mind.

Yoga mats and props are provided, but feel free to bring your own and a light blanket or sweater for the guided relaxation part of the class.

Fee is \$10/class.

Classes are held at the Robert McCausland Community Centre *every* Wednesday from 7pm to 8pm. Any cancellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classifieds Facebook page. For more information contact info@gooderhamyoga.ca

Thursday, March 19, 2026

Seniors Active Living: Art Class

Date and Time: Thursday, March 19 10:00 am - 11:30 am

Address: Wilberforce Legion, 1007 Burleigh Road, Wilberforce

Local artist Luann Coghlan leads this step-by-step class for seniors and veterans of all skill levels.

Just bring yourself - all materials needed are provided.

Please contact Luann at 705-448-1589 to register.

This class is limited to 10 participants. Pay what you can.

March Break Bracelet Studios

Date and Time: Thursday, March 19 10:00 am - 5:00 pm

Address: Cardiff and Highland Grove Libraries

Stop by the Cardiff library from 2pm to 5pm or the Highland Grove library from 10am to 1pm and enjoy a free Bracelet Studio! Choose from a variety of beads and create a bracelet that's just right for you — or make one as a thoughtful gift for someone you care about. This is a relaxed, drop-in activity for all ages. No registration required. All materials provided.

- Highland Grove from 10:00am-1:00pm
- Cardiff from 2:00-5:00pm

Free March Break Public Skating

Date and Time: Thursday, March 19 2:00 pm - 4:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Come out to the Keith Tallman Memorial Arena for some March Break fun with free public skating on Tuesday, March 17 from 6pm to 8pm and Thursday, March 19 at from 2pm to 4pm.

Old Timer's Hockey

Date and Time: Thursday, March 19 7:00 pm - 9:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Old Timer's Hockey takes place on Thursdays between 7:00 p.m. and 9:00 p.m.

Friday, March 20, 2026

March Break Marshmallow Engineering

Date and Time: Friday, March 20 10:00 am - 5:00 pm

Address: Gooderham Library and Wilberforce Library

Stop by the Gooderham Library on Tuesday or the Wilberforce Library on Friday during the week of March Break and try Marshmallow Engineering!

- Gooderham Library: Tuesday, March 18 from 11am to 2pm
- Wilberforce Library: Friday, March 20 from 10am to 5pm

Families of all ages are invited to build, stack, and create using marshmallows and connectors. Follow our challenge cards or let your imagination lead the way.

This is a free, drop-in activity that encourages hands-on problem solving and creative thinking. No registration required. All materials provided.

Saturday, March 21, 2026

March Break Playdough Party

Date and Time: Saturday, March 21 10:00 am - 3:00 pm

Address: Wilberforce Library

Celebrate March Break with a Playdough Party at the Wilberforce library from 10am to 3pm! Families of all ages are welcome to drop in anytime and enjoy open-ended play with fresh playdough, fun tools, and simple prompts. No registration required. All materials provided. Come squish and create with us!

Seniors Active Living: Games

Date and Time: Saturday, March 21 2:30 pm - 4:30 pm

Address: Wilberforce Legion, 1007 Burleigh Road

No registration required, just drop in and find a game to play or bring your own and play with like minded seniors. Bring friends, neighbors or meet someone new!

Sunday, March 22, 2026

Free Public Skating

Date and Time: Sunday, March 22 2:30 pm - 4:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy free public skating, open to everyone, each Sunday at the Keith Tallman Memorial Arena in Wilberforce.

Men's League Hockey

Date and Time: Sunday, March 22 6:00 pm - 9:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Come watch men's league play from 6pm to 9pm every Sunday.

Monday, March 23, 2026

Afternoon Pickleball

Date and Time: Monday, March 23 3:00 pm - 5:00 pm

Address: Lloyd Watson Centre, Wilberforce

This event is open to all adults and is a non-competitive, social group. Everyone is welcome to join us at the Keith Tallman Memorial Arena in Wilberforce.

There is a small fee of \$2.00 each week.

Women's Pick Up Hockey

Date and Time: Monday, March 23 8:00 pm - 9:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Women's Pick Up Hockey is held Monday nights from 8:00 p.m. to 9:00 p.m.

Tuesday, March 24, 2026

Special Meeting of Council

Date and Time: Tuesday, March 24 9:30 am - 12:00 pm

Address: Online Livestream

A special council meeting is being held starting at 9:30 a.m. The meeting will be live streamed on our [YouTube Channel](#). The public is also welcome to attend in person.

This public meeting is being held as part of our [Short-Term Rental Licensing Program & By-law Review](#).

Note: Meeting end time is approximate and varies depending on amount of agenda items, etc.

Seniors Active Living: Exercise Classes

Date and Time: Tuesday, March 24 1:30 pm - 2:30 pm

Address: Wilberforce Legion

Join Georgia Shank, certified seniors fitness instructor, for an exercise class for seniors. Georgia will provide modifications to suit your needs. Chairs are available for those wishing to exercise from a chair. Clean indoor exercise shoes are required.

Adults and Seniors Free Public Skating

Date and Time: Tuesday, March 24 2:00 pm - 3:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy quiet skating for adults and seniors every Tuesday at the Keith Tallman Memorial Arena in Wilberforce.

Bid Euchre

Date and Time: Tuesday, March 24 7:00 pm - 9:00 pm

Address: Cardiff Community Centre 2747 Monck Road

Popular card game, activity is open and everyone is welcome.

\$2.00 weekly fee

Men's Pick Up Hockey

Date and Time: Tuesday, March 24 8:00 pm - 9:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Men's Pick Up Hockey is held Tuesday nights from 8:00 p.m. to 9:00 p.m.

Wednesday, March 25, 2026

Adult Day Program

Date and Time: Wednesday, March 25 8:45 am - 4:15 pm

Address: Lloyd Watson Centre, Wilberforce

The adult day program runs every Wednesday at Lloyd Watson Centre and provides a structured, therapeutic and individualized day program for adults who are living at home - either alone, or with family caregivers. Within a group setting, the Day Program offers supervised activities to assist participants in achieving and maintaining their maximum level of function, to prevent premature and inappropriate institutionalization, and to provide respite and support for caregivers.

[Learn more.](#)

Chair Yoga in Gooderham

Date and Time: Wednesday, March 25 11:00 am - 12:00 pm

Address: Robert McCausland Memorial Community Centre 1043 Community Center Rd, Gooderham, ON K0M 1R0

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitations or aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yoga can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help manage pain and discomfort.

- Classes are held at the Robert McCausland Memorial Community Centre in Gooderham
- All equipment (mats, chair, yoga props) is provided
- \$10 per class
- Please arrive 15 minutes early to get setup and chat with your neighbours

Any cancellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classifieds Facebook page. For more information contact info@gooderhamyoga.ca

Evening Yoga in Gooderham

Date and Time: Wednesday, March 25 7:00 pm - 8:00 pm

Address: Robert McCausland Memorial Community Centre 1043 Community Center Rd, Gooderham, ON K0M 1R0

Come join us for Yoga in Gooderham on Wednesday evenings led by Michaela Shaw. This class is suitable for

both Beginners and Intermediate students. Michaela provides thoughtful instructions that allow students to go at their own pace while building on the basic yoga poses to challenge, stretch, and relax the body and the mind.

Yoga mats and props are provided, but feel free to bring your own and a light blanket or sweater for the guided relaxation part of the class.

Fee is \$10/class.

Classes are held at the Robert McCausland Community Centre *every* Wednesday from 7pm to 8pm. Any cancellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classifieds Facebook page. For more information contact info@gooderhamyoga.ca

Evening Pickleball

Date and Time: Wednesday, March 25 7:00 pm - 9:00 pm

Address: Lloyd Watson Centre, Wilberforce

This event is open to all adults and is a non-competitive social group. Everyone is welcome to join us at the Keith Tallman Memorial Arena in Wilberforce.

There is a small fee of \$2.00 each week.

Thursday, March 26, 2026

Seniors Active Living: Savouring Stories

Date and Time: Thursday, March 26 11:00 am - 1:00 pm

Address: Highland Grove Library, 5373 Loop Road, Highland Grove

A lively and engaging food conversation circle where food, culture, and history meet.

Each month, explore the fascinating world of food through stories, history, and shared experiences. From ancient culinary traditions to modern innovations, we'll uncover the stories behind the meals that shape our world.

If you're a passionate foodie, a history buff, or simply curious about how food connects us all, Savouring Stories is the perfect space to deepen your appreciation for what's on your plate. Come and share your favorite food memories, learn about the origins of iconic dishes, and discuss how food has shaped cultures and societies across time.

No registration required.

Community Outreach Services

Date and Time: Thursday, March 26 12:00 pm - 2:00 pm

Address: Lloyd Watson Centre, 2249 Loop Road, Wilberforce

Join Community Outreach Services at the Lloyd Watson Centre in Wilberforce from 12:00 p.m. to 2:00 p.m. and

d take advantage of all manner of services from Community Paramedics and Employment Supports to Mental Health and Food Supports.

Parents and Tots Free Public Skating

Date and Time: Thursday, March 26 2:00 pm - 3:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy free public skating just for parents accompanying their small children every Sunday at the Keith Tallman Memorial Arena in Wilberforce.

Old Timer's Hockey

Date and Time: Thursday, March 26 7:00 pm - 9:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Old Timer's Hockey takes place on Thursdays between 7:00 p.m. and 9:00 p.m.

Saturday, March 28, 2026

Seniors Active Living: Games

Date and Time: Saturday, March 28 2:30 pm - 4:30 pm

Address: Wilberforce Legion, 1007 Burleigh Road

No registration required, just drop in and find a game to play or bring your own and play with like minded seniors. Bring friends, neighbors or meet someone new!

Sunday, March 29, 2026

Free Public Skating

Date and Time: Sunday, March 29 2:30 pm - 4:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy free public skating, open to everyone, each Sunday at the Keith Tallman Memorial Arena in Wilberforce.

Men's League Hockey

Date and Time: Sunday, March 29 6:00 pm - 9:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Come watch men's league play from 6pm to 9pm every Sunday.

Monday, March 30, 2026

Afternoon Pickleball

Date and Time: Monday, March 30 3:00 pm - 5:00 pm

Address: Lloyd Watson Centre, Wilberforce

This event is open to all adults and is a non-competitive, social group. Everyone is welcome to join us at the Keith Tallman Memorial Arena in Wilberforce.

There is a small fee of \$2.00 each week.

Women's Pick Up Hockey

Date and Time: Monday, March 30 8:00 pm - 9:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Women's Pick Up Hockey is held Monday nights from 8:00 p.m. to 9:00 p.m.

Tuesday, March 31, 2026

Seniors Active Living: Exercise Classes

Date and Time: Tuesday, March 31 1:30 pm - 2:30 pm

Address: Wilberforce Legion

Join Georgia Shank, certified seniors fitness instructor, for an exercise class for seniors. Georgia will provide modifications to suit your needs. Chairs are available for those wishing to exercise from a chair. Clean indoor exercise shoes are required.

Adults and Seniors Free Public Skating

Date and Time: Tuesday, March 31 2:00 pm - 3:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy quiet skating for adults and seniors every Tuesday at the Keith Tallman Memorial Arena in Wilberforce.

Bid Euchre

Date and Time: Tuesday, March 31 7:00 pm - 9:00 pm

Address: Cardiff Community Centre 2747 Monck Road

Popular card game, activity is open and everyone is welcome.

\$2.00 weekly fee

Men's Pick Up Hockey

Date and Time: Tuesday, March 31 8:00 pm - 9:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Men's Pick Up Hockey is held Tuesday nights from 8:00 p.m. to 9:00 p.m.

<https://calendar.highlandseast.ca>