

Sunday, February 2, 2025

Free Public Skating

Date and Time: Sunday, February 2 1:00 pm - 3:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy free public skating every Sunday at the Keith Tallman Memorial Arena in Wilberforce.

Monday, February 3, 2025

Indoor Walking Club

Date and Time: Monday, February 3 9:30 am - 10:30 am

Address: Lloyd Watson Centre, Wilberforce

Join us from 9:30 a.m. to 10:30 a.m. every Monday and Friday at the Lloyd Watson Community Centre for an indoor walking session. A loonie per person for insurance cost.

Casual Pickleball

Date and Time: Monday, February 3 3:00 pm - 5:00 pm

Address: Lloyd Watson Centre, 2249 Loop Rd., Wilberforce

Everyone is welcome for fun, non-competitive pickleball. New players interested in learning are welcome.

Tuesday, February 4, 2025

Adults and Seniors Free Public Skating

Date and Time: Tuesday, February 4 3:00 pm - 4:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy quiet skating for adults and seniors every Tuesday at the Keith Tallman Memorial Arena in Wilberforce.

Bid Euchre

Date and Time: Tuesday, February 4 6:30 pm - 9:30 pm

Address: Cardiff Community Centre

Everyone is welcome at the Cardiff Community Centre for Bid Euchre.

Wednesday, February 5, 2025

Chair Yoga in Gooderham

Date and Time: Wednesday, February 5 11:00 am - 12:00 pm

Address: Robert McAusland Memorial Community Centre, Gooderham

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitations or aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yoga can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help manage pain and discomfort.

- Classes are held at the Robert McAusland Memorial Community Centre in Gooderham
- All equipment (mats, chair, yoga props) is provided
- \$10 per class
- Please arrive 15 minutes early to get setup and chat with your neighbours

Any cancellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classifieds Facebook page. For more information contact info@gooderhamyoga.ca

Evening Yoga in Gooderham

Date and Time: Wednesday, February 5 7:00 pm - 8:00 pm

Address: Robert McCausland Community Centre, Gooderham

Come join us for Yoga in Gooderham on Wednesday evenings led by Michaela Shaw. This class is suitable for both Beginners and Intermediate students. Michaela provides thoughtful instructions that allow students to go at their own pace while building on the basic yoga poses to challenge, stretch, and relax the body and the mind.

Yoga mats and props are provided, but feel free to bring your own and a light blanket or sweater for the guided relaxation part of the class.

Fee is \$10/class.

Classes are held at the Robert McCausland Community Centre EVERY Wednesday from 7pm to 8pm. Any cancellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classifieds Facebook page. For more information contact info@gooderhamyoga.ca

Friday, February 7, 2025

Indoor Walking Club

Date and Time: Friday, February 7 9:30 am - 10:30 am

Address: Lloyd Watson Centre, Wilberforce

Join us from 9:30 a.m. to 10:30 a.m. every Monday and Friday at the Lloyd Watson Community Centre for an indoor walking session. A loonie per person for insurance cost.

Sunday, February 9, 2025

Free Public Skating

Date and Time: Sunday, February 9 1:00 pm - 3:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy free public skating every Sunday at the Keith Tallman Memorial Arena in Wilberforce.

Monday, February 10, 2025

Indoor Walking Club

Date and Time: Monday, February 10 9:30 am - 10:30 am

Address: Lloyd Watson Centre, Wilberforce

Join us from 9:30 a.m. to 10:30 a.m. every Monday and Friday at the Lloyd Watson Community Centre for an indoor walking session. A loonie per person for insurance cost.

Casual Pickleball

Date and Time: Monday, February 10 3:00 pm - 5:00 pm

Address: Lloyd Watson Centre, 2249 Loop Rd., Wilberforce

Everyone is welcome for fun, non-competitive pickleball. New players interested in learning are welcome.

Tuesday, February 11, 2025

Adults and Seniors Free Public Skating

Date and Time: Tuesday, February 11 3:00 pm - 4:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy quiet skating for adults and seniors every Tuesday at the Keith Tallman Memorial Arena in Wilberforce.

Bid Euchre

Date and Time: Tuesday, February 11 6:30 pm - 9:30 pm

Address: Cardiff Community Centre

Everyone is welcome at the Cardiff Community Centre for Bid Euchre.

Friday, February 14, 2025

Indoor Walking Club

Date and Time: Friday, February 14 9:30 am - 10:30 am

Address: Lloyd Watson Centre, Wilberforce

Join us from 9:30 a.m. to 10:30 a.m. every Monday and Friday at the Lloyd Watson Community Centre for an indoor walking session. A loonie per person for insurance cost.

Sunday, February 16, 2025

Free Public Skating

Date and Time: Sunday, February 16 1:00 pm - 3:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy free public skating every Sunday at the Keith Tallman Memorial Arena in Wilberforce.

Monday, February 17, 2025

Indoor Walking Club

Date and Time: Monday, February 17 9:30 am - 10:30 am

Address: Lloyd Watson Centre, Wilberforce

Join us from 9:30 a.m. to 10:30 a.m. every Monday and Friday at the Lloyd Watson Community Centre for an indoor walking session. A loonie per person for insurance cost.

Casual Pickleball

Date and Time: Monday, February 17 3:00 pm - 5:00 pm

Address: Lloyd Watson Centre, 2249 Loop Rd., Wilberforce

Everyone is welcome for fun, non-competitive pickleball. New players interested in learning are welcome.

Tuesday, February 18, 2025

Adults and Seniors Free Public Skating

Date and Time: Tuesday, February 18 3:00 pm - 4:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy quiet skating for adults and seniors every Tuesday at the Keith Tallman Memorial Arena in Wilberforce.

Bid Euchre

Date and Time: Tuesday, February 18 6:30 pm - 9:30 pm

Address: Cardiff Community Centre

Everyone is welcome at the Cardiff Community Centre for Bid Euchre.

Wednesday, February 19, 2025

Chair Yoga in Gooderham

Date and Time: Wednesday, February 19 11:00 am - 12:00 pm

Address: Robert McAusland Memorial Community Centre, Gooderham

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitations or aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yoga can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help manage pain and discomfort.

- Classes are held at the Robert McAusland Memorial Community Centre in Gooderham
- All equipment (mats, chair, yoga props) is provided
- \$10 per class
- Please arrive 15 minutes early to get setup and chat with your neighbours

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Thursday, February 20, 2025

Community Jam/Music Session

Date and Time: Thursday, February 20 7:00 pm - 9:00 pm

Address: Highland Grove Community Centre

Everyone is well to come out and participate in a community jam session at the Highland Grove Community Centre.

Friday, February 21, 2025

Indoor Walking Club

Date and Time: Friday, February 21 9:30 am - 10:30 am

Address: Lloyd Watson Centre, Wilberforce

Join us from 9:30 a.m. to 10:30 a.m. every Monday and Friday at the Lloyd Watson Community Centre for an indoor walking session. A loonie per person for insurance cost.

Sunday, February 23, 2025

Free Public Skating

Date and Time: Sunday, February 23 1:00 pm - 3:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy free public skating every Sunday at the Keith Tallman Memorial Arena in Wilberforce.

Monday, February 24, 2025

Indoor Walking Club

Date and Time: Monday, February 24 9:30 am - 10:30 am

Address: Lloyd Watson Centre, Wilberforce

Join us from 9:30 a.m. to 10:30 a.m. every Monday and Friday at the Lloyd Watson Community Centre for an indoor walking session. A loonie per person for insurance cost.

Casual Pickleball

Date and Time: Monday, February 24 3:00 pm - 5:00 pm

Address: Lloyd Watson Centre, 2249 Loop Rd., Wilberforce

Everyone is welcome for fun, non-competitive pickleball. New players interested in learning are welcome.

Tuesday, February 25, 2025

Adults and Seniors Free Public Skating

Date and Time: Tuesday, February 25 3:00 pm - 4:00 pm

Address: Keith Tallman Memorial Arena, Wilberforce

Enjoy quiet skating for adults and seniors every Tuesday at the Keith Tallman Memorial Arena in Wilberforce.

Bid Euchre

Date and Time: Tuesday, February 25 6:30 pm - 9:30 pm

Address: Cardiff Community Centre

Everyone is welcome at the Cardiff Community Centre for Bid Euchre.

Wednesday, February 26, 2025

Chair Yoga in Gooderham

Date and Time: Wednesday, February 26 11:00 am - 12:00 pm

Address: Robert McAusland Memorial Community Centre, Gooderham

Chair yoga is a great option for those who are beginning an exercise program or anyone with mobility limitations or aging bodies. We will use a chair and other props to help with gentle stretching and movements. Chair yoga can bring increased flexibility, improve your ability to move and balance as well as reducing stress and help manage pain and discomfort.

- Classes are held at the Robert McAusland Memorial Community Centre in Gooderham
- All equipment (mats, chair, yoga props) is provided
- \$10 per class
- Please arrive 15 minutes early to get setup and chat with your neighbours

Any cancellations due to inclement weather or instructor illness/vacation will be announced on the Gooderham Classifieds Facebook page. For more information contact info@gooderhamyoga.ca

Friday, February 28, 2025

Indoor Walking Club

Date and Time: Friday, February 28 9:30 am - 10:30 am

Address: Lloyd Watson Centre, Wilberforce

Join us from 9:30 a.m. to 10:30 a.m. every Monday and Friday at the Lloyd Watson Community Centre for an indoor walking session. A loonie per person for insurance cost.

<https://calendar.highlandseast.ca>